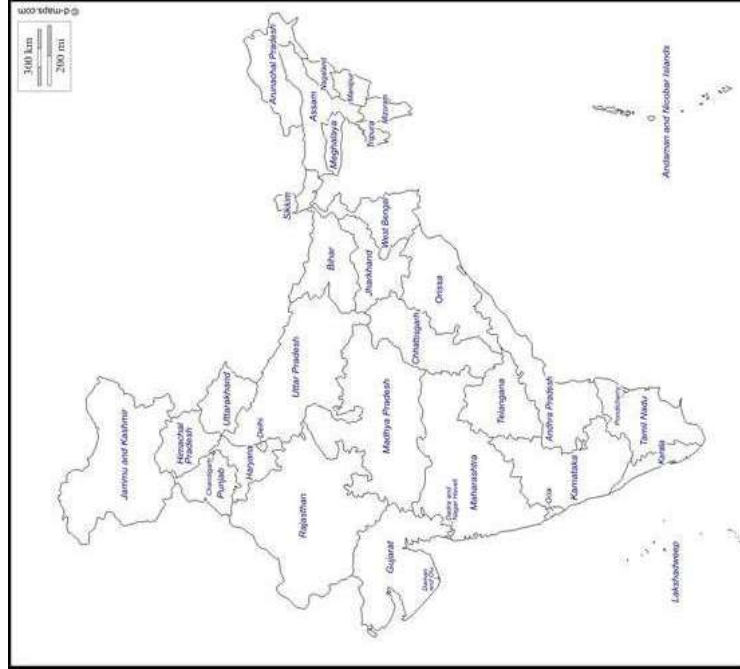


### Methodology

To address issue of botanical identity of *Asma* and *Bijaka*, a two tier study was designed during the Ph.D. research study entitled "A Comprehensive Study on Medicinal Plantlore of Kheri District of Uttar Pradesh in Perspectives of Ayurveda". A field survey regarding Medicinal Plant-lore was conducted in the study area using plant utilization questionnaire. Findings of survey were documented and analysed. Plants reported to be used in Local Health Traditions were identified and collected. Herbaria were prepared. A literary survey was carried out to authenticate folk claims. Finding of field study regarding utilization patterns of medicinal plants in the Local Health Tradition were critically analyzed in perspectives of classical texts of Ayurveda.

### Area of Study: Kheri District of Uttar Pradesh

District Kheri is situated in terai region of Uttar Pradesh in foothills of Himalayas. Major area is covered by thick Sal forest. Forested area of Kheri district is inhabited by two important tribal communities viz. *Tharu* and *Bhotia*. *Tharu* tribes have a well organised social order. Tribal medicine men "*Bhitarra*" is responsible to look after the health of the community. They collect herbs from the forests and use them in fresh form for healing purposes. A great system of traditional healing is still in practice. Flora of Dudhwa National Park reports 821 species of Angiosperms representing 490 genera and 120 families [1]. It is home to a large number of rare and endangered animal species also [1].



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